

NEWS RELEASE



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For Immediate Release

Halifax Regional Promotes Winter Weather Preparation and Safety

Roanoke Rapids, NC (January 21, 2014) – With a winter weather advisory in place for Halifax County and surrounding areas, Halifax Regional wants to emphasize the importance of preparation and safety during any inclement weather this winter season. The Medical Center is promoting some very important tips to individuals and families to be fully prepared and stay safe for any hazardous winter weather which may occur in the days to come.

All essential personnel will report to the Medical Center to maintain regular operations of services. Outpatient services will operate on a normal schedule. Patients should plan for extra travel time to and from Medical Center for all appointments and services.

Patients and the community should be aware that all clinics will be opening on a delayed schedule. The following services and clinics will be open starting at 10:00 a.m. on Wednesday, January 22, 2014:

- Halifax Regional Cardiology
- Halifax Works
- Physician Billing Office
- Roanoke Clinic
- Roanoke Valley Internal Medicine
- Wound Care Center
- Halifax Regional Physical Therapy

To prepare for the pending winter weather hazards, people should keep some safety and preparedness in mind to manage through difficult winter weather conditions. People should have on hand:

- At least a one week supply of non-perishable food and water.
- Battery-operated radio, NOAA Weather Radio and extra batteries or hand crank radio, cell phones and chargers.
- First-aid kit, seven-day supply of prescription medications, copies of prescriptions, special medical items, hearing aids and batteries, eye glasses.
- Supplies for babies, the elderly, family members with special health care needs, and food and supplies for pets.
- Medical equipment and assistive devices (catheters, augmentative communication devices, cane, wheelchair, scooter, walker, dressing aids, oxygen, tubing, feeding supplies, drinking straws), extra batteries and chargers, hygiene supplies.
- List of model numbers or serial numbers of medical devices and equipment.
- Medical alert tags or bracelets and written description of your disability-related or health care conditions.
- Medications and copies of all prescriptions, including a list of the prescription name, dosage, frequency, doctor and pharmacist.

- Phone numbers and names of physicians and health care providers, health insurance information, emergency contact information including your support network of friends or family.

Also make a plan to check on family and neighbors who are especially at risk from cold weather hazards: young children, older adults, and the chronically ill. Those in poor physical condition or those with existing heart disease or a personal history of stroke should avoid or use extreme caution when shoveling snow or doing any heavy lifting. The suggestions can help individuals and families be prepared for a winter storm or other hazardous winter weather which may occur.

Halifax Regional wants everyone to think of their health and safety as a top priority this winter season.

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About Halifax Regional

Halifax Regional Medical Center is licensed for 204 beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit www.halifaxregional.org.